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How to Winterize Your Vehicle

On the Cover: John and Autumn Lincoln, owners of Tahoe Dave's Skis & Boards. Photo © Scott Shots Photography







LETTER FROM THE EDITOR

Welcome Winter

As the days grow shorter and the snow begins to fall, most of us are reminded why we fell in love with Truckee in the first place. We are so lucky to live in a place that offers a unique blend of adventure, relaxation, and community spirit. In this issue, we invite you to explore everything from what you can do when the sun goes down and diverse brew pubs to our rich cinematic history. Get ready to discover new favorites and embrace the best of winter in Truckee.

Hop to It, Truckee! Bitter or smooth, dark or light, sour or malty, there's a brew out there for everyone. Just like the plethora of beer flavors and styles available, Truckee is home to several great brew pubs where you can enjoy a frosty one, each with a different vibe. So turn to page 6 and hop to it, Truckee! And discover where your next pints, conversations, and laughs are going to be.

Truckee After Dark Truckee transforms into a vibrant winter wonderland after dark. Turn to page 24 to create your winter bucket list. This bucket list highlights unique night adventures, from disco tubing at Palisades Tahoe with live DJs to serene full moon snowshoe treks exploring natural history. No matter what you are feeling there is something to explore, even when the sun goes down.





Truckee: The Hollywood of the North Did you know that Truckee is often dubbed "The Hollywood of the North"? From silent films featuring Charlie Chaplin and Greta Garbo to modern blockbusters like Top Gun Maverick and award-winning documentaries, this scenic California town has attracted more than 219 productions. Its convenient access to mountains, established accommodations, and versatile landscapes have made Truckee a prime destination for filmmakers, boosting its economy and creating a lasting legacy as a movie-making hub. Turn to page 30 to read all about it.

Holiday Shopping in Truckee This holiday season, skip the online shopping and give gifts that truly matter while supporting our vibrant community. We focused on gifts that almost anyone would like - whether it's that someone who "has everything," or if you want to pick up a host gift. Turn to our Truckee Holiday Shopping Guide on page 14 for thoughtful presents that won't just sit on a shelf. When you choose gifts from Truckee's local shops, your money directly benefits our community. Happy local shopping!

Hows & Whys: Winterize Your Vehicle We all know why we need to winterize our cars - to avoid accidents and getting stranded, but on page 42 we include a checklist to help ensure that your car

> runs smoothly, even in winter storm weather.

I hope this issue inspires you to explore all the hidden gems and exciting opportunities Truckee has to offer this winter season. I look forward to seeing you around town. Happy winter, Truckee!

Jessica Penman

President and CEO

Truckee Chamber of Commerce Editor, Truckee Magazine

What's Happening!

WINTER EVENTS

DECEMBER

Holiday Block Party at Nonprofit Row

13 & 14 A Winter Wish: TTCC Holiday Concert

24 Christmas in Truckee

31 Tahoe Donner NYE Light Parade & Fireworks

31 Torchlight Parade, Palisades Tahoe

31 Northstar NYE Fireworks & Celebration

JANUARY

7, 4, 21, 28 TOST at Northstar

Snowshoe Star Tours 10

11 Sugar Bowl Poker Run



FEBRUARY

Tahoe Donner's Glow Stick Parade + Carnival

25 North Tahoe Snowfest through March 8

MARCH

The Great Ski Race

Truckee Rotary's Chris Matthews Memorial Crab Feed

Annual Pain McShlonkev Classic 21

27 Sierra Skogsloppet XC Fun Ski Race

Scan to see all the events going on this winter

For details and complete list of events, visit truckee.com/events



TRUCKEE BREWING COMPANY



- LOCALLY CRAFTED **BEER AND FOOD**
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10001 Soaring Way

BREWERY 10736 Pioneer Trail #1 Truckee, CA



Bitter or smooth, dark or light, sour or malty, there's a brew out there for everyone. But what's even better is that beer (even the non-alcoholic versions) is a path toward connection. It's over beers that we dive deeper into our friendships, relay stories from the mountain, root for our favorite sports teams, hash out fresh ideas, and form new partnerships. Just like the plethora of beer flavors and styles available, Truckee is home to several great brew pubs where you can enjoy a frosty one, each with a different vibe.



CRAFT & LOGIC TAPROOM

BEST FOR: Tapping into the community LOCATION: 10192 Donner Pass Road WEBSITE: craftandlogictaproom.com

There's a lot to love about Craft + Logic, but one thing that really stands out is the owners' commitment to local nonprofits. It seems that every other week, a group of environmentalists, educators, library supporters, or other advocates gathers to inform the community, make connections, and take action. While the spot isn't a brewery per se, it does have that brewery vibe, as the owners focus on community and connection. They also offer over 30 rotating beers on tap and a cooler stocked with hard-to-find varieties in bottles and cans. Plus, their patio is the perfect spot for people-watching, either from below or up on the deck.

TRUCKEE BREWING COMPANY RESTAURANT

BEST FOR: Game day

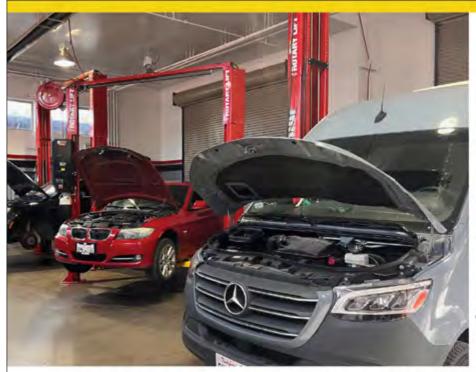
LOCATION: 10001 Soaring Way WEBSITE: truckeebrewco.com

Sports being broadcast over the TVs, families sharing woodfired pizzas in the restaurant, locals bellied up at the bar chatting about broken snowblowers. This is the lively scene you'll walk into at Truckee Brewing Company, located in the Soaring Ranch Shopping Center across from Raley's O-N-E Market. Rotating beers on tap include a rich Peanut Butter Stout, the Dreadymon Pale Ale made with Cascade Hops, the Vista Fresh Imperial IPA, and for those looking for a little summer in their winter, the Margaritamigo, a hard seltzer clocking 12% ABV (all styles are rotating and may not be available during your visit). Pair your brew with an extensive sourdough pizza menu that includes Philly Cheese Steak (queso, steak, mozzarella, peppers, mushroom, onion), Mushroom (garlic parmesan, mozzarella, goat cheese, mushroom, caramelized onion, fresh arugula), and staples like Margherita and Thai Chile Chicken. They've got burgers, salads, and tacos too!

Continued on page 8



WHAT'S IN YOUR GARAGE?



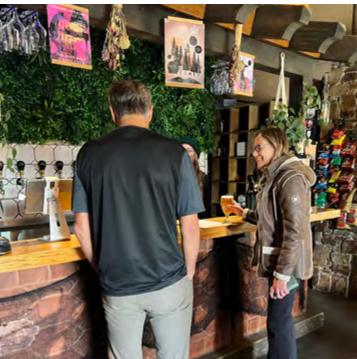
If what's in your garage is what's in our garage, we've got you covered.



11183 Trails End Rd, Truckee www.GermanImportGarage.com 530-414-7733

Audi BMW Mercedes Mini Porsche Volkswagen





GOOD WOLF BREWING

BEST FOR: Book club

LOCATION: 10990 Industrial Way, Suite 103 SOCIAL: instagram.com/thegoodwolfbrewing

Step into a forest at this hole-in-the-wall spot that is hard to find unless you know it's there. This is where speakeasy meets fairy woodland meets living room; Good Wolf Brewing is a vibe. It's cozy yet witchy, but without being creepy. But don't let their mastery of decor distract you from their creative beer recipes. For a slam dunk, try the Range of Light evergreen juicy IPA, which comes in at 6.3% ABV. They liken it to a fresh spring hike in the forest with California Blue Juniper Berries, flavor notes of pine and forest, and abundant Citra dry hop. If you're feeling adventurous, try the Dirt Candy, a foraged mushroom ale brewed with Lion's Mane, Oyster, Chicken of the Woods, and Matsutake—all foraged from Tahoe's woods.

Claim the cozy couch with your crew or settle in and make some new friends. Pop in midweek at 6:30 pm for live jazz every Tuesday night, trivia every Wednesday night, and open mic every Thursday night.





ALIBI ALE WORKS, TRUCKEE PUBLIC HOUSE

BEST FOR: Making new connections LOCATION: 10069 Bridge Street

WEBSITE: alibialeworks.com/truckee-public-house

As its name conveys, this spot is all about getting to know your neighbor. Grab a seat at one of their long communal tables, and you just might make a new friend. Choose from over 18 beers on tap, including the Chance of Clouds hazy IPA, Hoppy Lager, Contradiction (a golden mocha stout, yum), and more. Pair your brew with a flatbread pizza, mustache pretzel, cheese and charcuterie board, burger, salad, and a lot more. Don't miss Happy Hour (with a \$3.50 beer option, yay!) Monday through Friday 3-5 p.m., except during holiday periods.

What you'll love about Alibi Ale Works is their warm and friendly staff, who really make you feel at home. They also host live music, trivia, ski and mountain bike movies, and other local events; just check out their online calendar.

Continued on page 10









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DONNER CREEK BREWING

BEST FOR: Playing games LOCATION: 11448 Deerfield Drive

WEBSITE: donnercreekbrewingtruckee.com

Rack 'em up, deal 'em out, or simply claim your spot at the bar and chat with the locals and visitors who love Donner Creek Brewing. While their pool table will keep you and your friends entertained, they also have a nice open space that's perfect for large groups in search of a place to gather. During the cold season, this is the place to be for comforting, yet slightly fancy, grilled cheese paninis to go along with your brew. Try their Death by Pothole chocolatey ale with a hint of raspberry in the finish. For a truly decadent experience, ask for a scoop of ice cream in it.



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HOW TO SPEAK BEER UNDERSTANDING THE BEER BOARD

Beer is usually listed by style, but you can easily select what you might like merely by looking at the ABV percentages and IBUs.

ABV or Alcohol by Volume is a measure of a beer's strength. The higher the percentage, the more alcohol in the beer. For example, strong ales and IPAs can hover anywhere from 7% to 12% and lighter beers, like blonde ales, will come in around 3% to 5%.

IBUs or International Bitterness Units are all about measuring how, you guessed it, bitter the beer will taste. The bitterness is dependent on hop content. Light loggers have an IBU of about 5 to 15, while IPAs will come in at anywhere from 40 to 100 IBUs.

UNDERSTANDING BEER STYLES

IPA – Hop-forward, citrusy, and bold; from crisp West Coast to juicy hazy styles.

Belgian – Fruity, spicy, and complex ales brewed with Belgian yeast.

Ale – Warm-fermented, full-bodied, and flavorful with a fruity finish.

Lager – Cold-fermented for a clean, crisp, and refreshing taste.

Porters and Stouts – Dark, roasted, chocolate- and coffee-noted brews.

Sours – Tart, funky, and bright with refreshing acidity.

Pilsner – Light, floral, and crisp with a snappy finish.

Wheat Beer – Smooth, hazy, and lightly sweet with hints of clove or citrus.

Amber / Red Ale – Malt-forward with caramel sweetness and subtle hops.

Brown Ale – Toasty, nutty, and lightly sweet with a mellow body.

Barleywine – Strong, rich, and boozy with notes of caramel and dried fruit.



FIFTYFIFTY BREWING

BEST FOR: A new scene

BOOK AN EVENT: info@fiftyfiftybrewing.com WEBSITE: fiftyfiftybrewing.com

This is a season of changes for FiftyFifty
Brewing Company and we think you'll be
excited about them. The oldest operating
brewery in Truckee and North Tahoe is
moving to the Old Lumber Yard in downtown
Truckee at 10242 Church Street.

They'll offer the same great beer you all love, as well as a similar food menu concept with additional offerings. But the best part? The new Social Club vibe.

At two times the size of the current space, the new location will be laid out with a traditional bar and restaurant area, plus additional "living room" nooks for casual hangouts.

Additionally, there will be an upstairs mezzanine and they plan to offer 20 pour-it-yourself taps with rotating beers, non-alcoholic options, wine, and pre-made cocktails.

This is great news for those who want to come in and simply post up somewhere with a computer or a good book. The mezzanine will also offer a private dining room, featuring a big-screen TV, that seats 20-30 guests and overlooks the main dining area. Look for an opening party at the end of January.



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OCCUPATION

Owner Operator Craft & Logic Taproom

ORIGINALLY FROM

I was born and raised in a small town outside of Jackson, MS

HOW LONG IN TRUCKEE I first moved to North Tahoe in 1999 & then to Truckee in 2000. I lived between Truckee and Kings Beach for the majority of 20 years. My wife and I bought our home in Sierra Meadows just before Covid in 2020.

WHY TRUCKEE Truckee for me has always been about community. The many friends I've made over the years and the opportunities for my family are the reason we chose to settle and raise our son here. And now, being a part of the small business community we feel even more tied to our town and the people who choose to call this awesome place home.

FAVORITE THINGS ABOUT TRUCKEE

Like many others, I moved here for winter and snowboarding. While that is still a big part of my life, my favorite thing about Truckee has to be the year-round access to the outdoors. Skiing, biking, running, golfing, etc. and the many likeminded people in this community that keep it fun and exciting after all these years. Truckee is truly a year-round playground with so many opportunities for kids of all ages.

PLAY HAWAI'I'S finest GOLF COURSES

MAUNA LANI NORTH

MAUNA LANI SOUTH





Planning to grab a last-minute host or holiday gift in Truckee? We've wrangled up some ideas for gifts that can help you check everyone off your list with something thoughtful, local, and ready to go. All of these items are gifts that will actually get used and reused. Plus, when you buy from Truckee shops, you're gifting twice, because that money goes right to local business owners. It's a win for you, a win for your gift recipients, and a win for the community. We hope you'll be inspired by some of the many great gifts available from our Truckee Businesses.



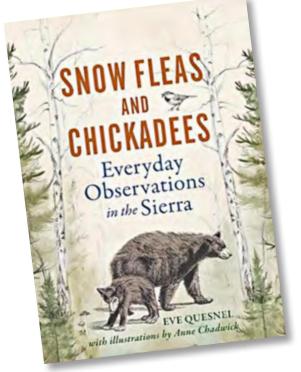
Scan the QR code to check out our Truckee Business Directory. Happy shopping!

Cozy Blankets

Feature: Pendleton blanket from Cabona's

For the couch, the guest room, the car, the camper, and a picnic, a good blanket can be used year round. Here's where to find them:

- ◆ Cultural Threads
- ◆ Gratitudes Gifts & Home Decor
- ◆ Mountain Home Center
- Mountain Hardware & Sports
- CVS



Books & Music

Feature: Snow Fleas and Chickadees by Eve Quesnel, Word After Word Books

Book and music lovers are always easy to buy for and luckily, we have Word After Word Books, a great indy bookstore + Rock Cellar Records in the basement. If you're not sure of their tastes, grab a gift certificate. Other places to buy books:

- ◆ New Moon Natural Foods
- Atelier
- ◆ The Office Boss



Games

Feature: Lake Tahoe Cribbage Board from Cabin Fever Home

Everyone loves a good game. Games and puzzles are a great way for family and friends to come together. Get them at:

- ◆ Truckee Variety
- ◆ The Office Boss
- ◆ Echo Blue/Mountain Kids
- ◆ Tahoe Forest Hospice Thrift Store

Wine & Liquor

Feature: Tequila, Zander's The Bottle Shop



Like gourmet food, a special occasion bottle of wine or liquor is often a welcome gift, particularly as a host gift or to show that you remember someone's preference.

- Uncorked (wine)
- ◆ Raley's O-N-E Market
- ◆ The Pour House (wine)
- Safeway
- Grocery Outlet (wine and beer)
- Truckee River Winery



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Handmade Jewelry

Feature: Precious gemstone + abalone necklaces by Dan Gaube,

Mountain Arts Collective

Artisan jewelry, made with precious gemstones and metals is always a welcome gift. There are several shops downtown with quality, one-of-a kind pieces, many made locally.

- ◆ White Buffalo
- ◆ Lorien Powers Jewelry Studio
- ◆ Riverside Studios
- ◆ Gallery 5830'
- Cultural Threads
- ◆ Bluestone Jewelry & Wine ▼







Usable Art

Feature: Handmade Pottery by Brad Henry, Gallery 5830'

Along with beautiful wall art and sculptures, our town is full of artisan art. Handmade wallets, ceramics, and candles always hit the mark. Here's where to find more usable art:

- ◆ Riverside Studios
- Atelier
- Brad Henry Studio, Glenshire
- Our Rustic Heart Candles
- Mountain Arts Collective



Sustainable Truckee Gift Card

The Sustainable Truckee Gift Card is a digital gift card that can be redeemed at 60+ shops, restaurants, grocery stores, and services in Truckee. Cards are quick and easy to buy online, making it a great gift. You can check your balance and use it at different locations. Plus, what makes Sustainable Truckee Gift Cards great is that every card gives back to our community. Visit Truckee-Tahoe has pledged to match 25% of every card sold for stewardship investments up to \$12,500.

Continued on page 18







Gourmet Food

Feature: Infused Oils & Vinegars, Tahoe Oil & Spice

For that "someone who has everything" or as a host gift, gourmet food items are a thoughtful and delicious gift.

- ◆ Raley's O-N-E Market
- ◆ Truckee Cookies
- Dorinda's Chocolates
- ◆ Sweets Handmade Candies
- ◆ New Moon Natural Foods
- Mountain Valley Meats
- ◆ Tahoe Food Shop
- ◆ Wild Cherries Bakery
- ◆ Tahoe Food Hub



Dorinda's Chocolates

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Wellness

Feature: Mountain Lotus Yoga

Massage, yoga, facials, workouts, and more, gift certificates for wellness experiences can be used by the recipient at any time. It's a flexible, yet very meaningful, gift. Here's where to get them:

- Martis Valley Massage
- Zenergy
- ◆ The Ritz-Carlton Lake Tahoe
- ◆ Tahoe Mountain Fitness
- ◆ The Alchemy Space
- ◆ AlpineGold Spa & Boutique
- ◆ Everline Resort & Spa





Beanies

Feature:: 100% Alpaca, handmade beanie, Cultural Threads

Beanies are essential in Truckee-Tahoe, to cover your ski helmet hair and for warmth, comfort and style. Find them many places, including:

- ◆ Tahoe Mountain Life
- ◆ Tahoe Sports Hub
- ◆ Mo, Jo & Zoe
- Granite Chief
- Arbor Boardhouse

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Good Socks

Feature: Stance socks,

Totally Board

Everyone loves a good pair of socks, this is a slam dunk gift for any person, any age. Ski socks, mountain biking socks, hiking socks, cozy house socks, funny themed socks ... seriously, you could get everyone on your list socks, and you'd be done with your holiday shopping. Where to get socks:

- Granite Chief
- ◆ Tahoe Sports Hub
- Cyclepaths Bike Shop
- Mountain Hardware and Sports
- Tahoe Mountain Sports
- ◆ Pacos Bike and Ski
- ◆ Tahoe Dave's Skis & Boards
- ◆ The Sock Parlour



Gloves

Feature: Hestra gloves, Tahoe Mountain Sports

Nothing can ruin a winter day in the mountains like frozen fingers. A good pair of gloves makes all the difference! Performance gloves are always appreciated

- here's where to find them:



- ◆ Granite Chief
- ◆ Tahoe Sports Hub
- ◆ The Backcountry
- ◆ Mountain Hardware & Sports
- ◆ Pacos Bike and Ski
- ◆ Tahoe Dave's Skis & Boards
- ◆ Start Haus Ski & Bike
- ◆ Truckee Boardhouse
- ◆ Arbor Tahoe



Bath & Body

Feature: Refillable lotion from The Refresh Station

Everyone uses soap. Or at least, we hope they do! Lotions, creams, and soaps are always appreciated and used, which is why we love them as a holiday gift. They work great in gift bags and boxes, too! Where to find them:

- Riverside Studios
- ◆ Atelier/Bespoke
- ◆ The Good Anya Plant Shop ◆ Mountain Hardware and Sports
 - ◆ Raley's O-N-E Market
 - ◆ New Moon Natural Foods



CONTEMPORARY ART FOR MOUNTAIN LIVING



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Experiences

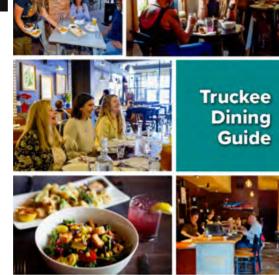
Feature: Elevation Escape -

escape rooms

Nothing is more memorable than a new experience or adventure! And there are plenty to be had locally. Here's where:

- Alpenglow Expeditions mountaineering
- ◆ Tahoe Adventure Company kayaking, snowshoeing, and more
- ◆ Coldstream Adventures snowmobiling
- ◆ Painted Vine paint and sip
- ◆ Tahoe Treetop Adventures zip lines and rope bridges in the trees
- ◆ Trout Creek Outfitters fly fishing
- Bike Truckee fat tire bike rentals
- ◆ Made By Me art classes





Dining Out

Feature: You choose!

Support local restaurants and give the gift of a night out. Date nights, live music, brewery hangs, there are so many local eateries catering to every palate. Check out our Truckee Dining Guide on Truckee.com for a list of all of Truckee's restaurants, arranged by neighborhood.



Scan the QR code to view it on your phone.

530.587.6681 | MountainHomeCenter.com | 11403 Brockway Road, Truckee, CA



COMEDIAN TOM PAPA

SATURDAY JANUARY 24

TO PURCHASE TICKETS SCAN QR CODE



atlantiscasino.com/tom



Must be 21. Management reserves all rights.



When the sun sets around 5 p.m. (gasp!) in a community that is as active as we are, what is one to do with the extra hours of darkness? We say, take advantage and enjoy some of your favorite daytime activities when the stars come out. Or try something that only happens at night during winter. This is your Truckee After Dark Bucket List. You'll read about events you've heard of, but haven't tried out yet make this the season you do. Plus, we might have some new ideas for you. How many can you cross off your list this season?

Under the Full Moon tahoeadventurecompany.com

This is your chance to howl at the Tahoe moon among the pines and crisp mountain air. There's something magical about the Sierra Mountains at night, especially when you're out in the wild under a full moon and glittery stars. Full Moon Snowshoe Treks with Tahoe Adventure Company are as fun as they are informative; they include an expert guide who will speak with your group about natural and human history, astronomy, and facts about the moon.

Participants also have access to snowshoes, trekking poles, snacks, and warm drinks. You'll be led to incredible views to gape at while you sip on your hot drink and ruminate about being alive. Anyone ages eight and up is invited to trek the easy 2-3 miles for an experience that warms the soul even through the brisk winter temps.

northstarcalifornia.com

You don't have to wait for the full moon to enjoy Northstar's Twilight Snowshoe Tours! As the sun dips out and the stars pepper the sky, strap on the snowshoes for this 2 to 2.5 hour tour that begins at Northstar's Cross Country, Telemark and Snowshoe Center. The tall pines along the trail will remind you just how small we really are.

Everyone loves the hot chocolate and s'mores around a fire pit during the adventure, which wraps up in the Northstar Village. And who loves romping in the snow more than we do? Our sweet pups, who are invited to join as long as they are on a leash. These tours take place on Saturdays at 5:00 p.m. December 20, 2025 through March 7, 2026.



Step Into a Snow Globe

Fill your thermos with something hot, put on your best beanie and favorite puffy jacket, and head to the Thomas Kinkade painting that is Downtown Truckee in winter. It's a magical place for shopping, especially during the holidays, but because it's shiny and snowy (hopefully) and bright all season long, it's also a festive activity post-holiday. Make it a weekly event, perhaps, spending one outing checking out the art, another having dessert somewhere, another shopping for someone, and yet another catching live music. Make it fun for the kids by coming up with a scavenger hunt! A stroll through downtown always hits the mark, especially when we're getting antsy at home.



Dinner at 6,800 Feet palisadestahoe.com

What's better than snowshoeing under the stars and moon? Snowshoeing under the stars and moon toward a four-course Bavarian-inspired dinner, of course. This 21-and-over bucket list adventure should be at the top of your list. You'll begin the unique experience with a hot glass of mulled wine at the Last Chair Bar in the Alpine Base Lodge. But wait, it gets better. The group will follow a guide on a 15-minute hike up a groomed trail via boot chains or snowshoes, whichever you prefer. Arrive at The Chalet, where it's warm and a Bavarian menu and a full bar await you. Warning—this event sells out fast, so grab your tickets early.

Continued on page 26





Space Out tahoestartours.com

Have you ever looked at the night sky close up? Like, really, really close up? Get out of your head and into the cosmos with Tony Berendsen's collection of Celestron telescopes. Tahoe Star Tours promises to open your mind, causing you to wonder about your place in the universe. You'll have the chance to look at stars, galaxies, galactic clusters, globular clusters, and nebulae. Group sizes of 2 to 20 can be booked through Spring. They will be featured at the Docent-led star gazing, which will happen at The Ritz-Carlton, Lake Tahoe on Dec. 26, Jan. 2, and Feb. 20. Reservations are required and can be made through the concierge. Get outside, ask questions, get answers, and expand your understanding of the infinate.

Ride the Night Shift rideboreal.com

Riding doesn't have to stop when the sun goes down. Boreal Mountain is open until 8:00 p.m., 7 days a week. For those who want to keep the fun going at night, the mountain offers two ways to keep playing. The Boreal Night Pass (only \$250 for the season) gives you access from 3:00 p.m. to 8:00 p.m., every day, all season long—no blackout dates, no reservations, and open to all ages.

Or buy a one-time Go Time pass for \$89 that allows you to ride after 3:00 p.m.

Catch the Sierra sunset, and if it's snowing, experience the magic of snowflakes falling around you among Boreal's lights.





Take Care of Your Mental Health with Help from Tahoe Forest Health System

If you've been feeling overwhelmed, anxious, or simply not like yourself, you're not alone. Life in our mountain community can be beautiful, but also stressful at times. Between work, family, and the pressures of daily life, it's easy for mental health to take a back seat. Tahoe Forest Health System wants you to know that support is always available—confidentially, and at no cost.

Tahoe Forest Health System has partnered with **CredibleMind**, an innovative online platform that offers free, 24/7 access to more than 10,000 trusted, science-based mental health and wellbeing resources.

Through CredibleMind, you can explore expert-rated videos, podcasts, articles, and self-assessments on more than 100 topics, including sleep, stress, relationships, mindfulness, resilience, and more. The platform makes it easy to find tools that fit your needs and interests—all in one secure, easy-to-use place.

Whether you're looking for guidance, personal growth, or simply a moment of calm, CredibleMind has something for everyone.



Visit tfhd.crediblemind.com to explore resources and start your journey toward better mental wellbeing today.



Disco on a Tube palisadestahoe.com

Everybody's got a little disco in them, even if they haven't unleashed it yet. Take your dance moves off the Pergo floor and onto a tube as you rush down Palisades Tahoe's swift tubing lanes. The disco sounds don't come from your parents' old 8-track either;

they're delivered live by rotating DJs like the infamous Rusty Reams, Rambo, Chango, and more. With neon lanes, flashing lights, lasers, and live spins, this bucket list event is fun for the family, your group of besties, colleagues, bachelor and bachelorette parties, a date night, or just

because you need to let some of your disco fly. Although not regularly open at night, if you plan ahead, you can also book an evening disco tubing private party at Sugar Bowl's Sugar Rush, with 10 lanes, disco lights, music, food available and fire pits.

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Get the Zoomies Out tdrpd.org

When you need to get out of the house and get bodies moving, head to Truckee River Regional Park for ice skating. It's affordable, you'll probably run into many friends, and they offer hot chocolate for purchase. If you need to get the kids' zoomies out, this is the place. Mom and Dad can join in the fun or cozy up and watch on the sidelines. Keep an eye out for theme nights! December brings a Holiday Theme, and other themes throughout the season include Disco, Sock Hop, and St. Patrick's Day.





Fire and Ice northstarcalifornia.com

At over 9,000 square feet, let your inner ice skating champ fly! Or simply glide along with the music under the twinkle lights and festive atmosphere. The Northstar Village Ice Rink is free to access if you bring your own ice skates. However, rentals are available too. Cozy up to one of the fire pits that circle the rink, purchase an upgraded s'mores kit from the mobile s'mores cart, and grab a cocktail from the Rink Bar. Cabana Bar. or Overlook Bar.

Live performances on the Village Stage will happen every Friday, Saturday, and Sunday evening. But don't miss the Winter Wonders holiday series, kicking off with tree lighting and photos with Santa on Friday, Dec. 19, and featuring 17 days of non-stop live music from the 19th to Jan. 4. The vibrant atmosphere screams Winter Wonderland, so make sure to experience it at least once. It's the perfect place to take visiting family when you all need a break from the house.



Paint and Sip Parties with Painted Vine painted-vine.com

Painted Vine brings creativity, color, and connection to the Truckee-Tahoe community through relaxed, social art parties that anyone can enjoy. Whether you're an experienced artist or have never picked up a brush, each session is designed to make painting approachable, fun, and rewarding. Hosted at local



venues and private homes, Painted Vine events combine step-bystep instruction with a lively, laid-back vibe. Guests sip wine, chat with friends, and paint their own canvas masterpiece with guidance from talented local artists. It's less about perfection and more about expression—no pressure, no judgment, just creativity and good company.

Beat Cabin Fever

Puzzles are fun and all, but when cabin fever starts creeping in, creep out of the house and over to one of these winter bucket list activities. Bonus: if you have friends or family in town, this is the perfect list of things to do that not only gets them off the couch but also shows them what Truckee is all about.





When you think of films shot in Truckee-Tahoe, most people think of ski films by Warren Miller or MatchStick Productions, or the cult classic Hot Dog... The Movie, released in 1984. But Truckee-Tahoe has a history of film production dating back to the early 1900s. The show "Bartell's Backroads" on ABC Sacramento recently called Truckee "The Hollywood of the North" in a feature about the history of films in our town. According to Greg Zirbel, President of the Truckee-Donner Historical Society and Museum of Truckee History, more than 219 films have been made in Truckee. Convenient access to the mountains first via railroad and I-80 as well as established accommodations have made Truckee a prime spot for filmmaking.

Early Filmmaking in Truckee

The earliest known filming in Truckee took place in 1910 when the Selig Polyscope Company arrived to capture winter scenes resembling the Alaskan wilderness. The Truckee Republican reported that a film crew arrived with sleds, skis, and Alaskan dogs to shoot scenes of heroic rescues by Icelandic frontiersmen and depictions of Perry's North Pole expedition.

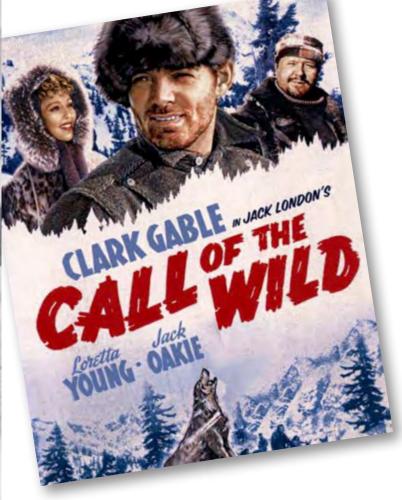
By the 1920s, Truckee had already gained a reputation as a winter recreation hub, making it even more attractive to filmmakers. The ability to transport film crews and equipment by train to remote locations, particularly in winter, allowed for breathtaking outdoor cinematography.

Hollywood Expands in Truckee

In 1925, a replica of Dawson City, Yukon, was built along the Truckee River for *Winds of Chance*. The production hired 300 extras to portray Gold Rush-era miners, or "sourdoughs." Around the same time, Charlie Chaplin's *The Gold Rush* (1925) was filmed primarily around Donner Summit,

bringing Hollywood's biggest silent film star to the area.

Another notable film, *The Call of the Wild* (1935), starring Clark Gable, was shot on a specially constructed set near Prosser Creek. Filmmaking in Truckee required extensive set construction, including entire streets, saloons, and cabins, providing employment to many locals. Hotels and boarding houses filled up as film crews descended on the town, boosting the economy.





Recognizing this economic opportunity, local businessmen—including Tim O'Hanrahan, Dave Cabona, Wally Gellatt, Dan Smith, William Englehart, and Wilbur Maynard—launched efforts to attract more film productions. Their advocacy led to the formation of the Truckee Motion Picture Association, which promoted the town as an ideal filming destination. The organization, led by Cecil Edmunds as president, Karl L. Kielhofer as general manager, Charles B. White as bank manager, and *Sierra Sun* publisher Elizabeth C. Bavier as secretary, successfully drew more Hollywood studios to the area.

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Famous Film Productions and Stars in Truckee

As more films were shot in Truckee, local residents became accustomed to rubbing shoulders with Hollywood's biggest stars. Tom Mix, Mary Pickford, George Bancroft, Buster Keaton, Greta Garbo, Wallace Beery, John Barrymore, and Will Rogers were frequent visitors, walking the town's sidewalks, dining in its restaurants, and staying in local hotels. Later, Henry Fonda and John Wayne also spent time in Truckee while filming.

One of the most ambitious productions filmed in Truckee was *The Iron Horse* (1924), directed by John Ford. The film depicted the construction of the first transcontinental railroad, and Ford insisted on authenticity, hauling an old locomotive over Donner Summit on skids, just as the Central Pacific had done in 1867. Chinese laborers and 50 horses assisted in the





transport, making for an impressive and historically accurate production. Film historian William Everson later described *The Iron Horse* as "one of the biggest westerns from any period . . . splendidly staged and edited."

In 1928, Universal Studios used Truckee to film *The Michigan Kid*, utilizing the local grammar school as a studio for child actors, with local children appearing as extras.

Truckee in Mid-Century Cinema

The 1950s saw continued interest in Truckee as a filming location. In 1953, John Wayne starred in *Island in the Sky*, a film about an Air Force transport plane that crashes in the Arctic wilderness, leaving the crew struggling for survival. Most of the filming took place at Truckee's old airstrip, located south of present-day Interstate 80. Co-stars Lloyd Nolan and Ward Bond arrived with a 57-member film crew, all of whom stayed at Donner

Lake Lodge. More than 100 actors and technicians spent time in town during production, creating a buzz of excitement among locals.

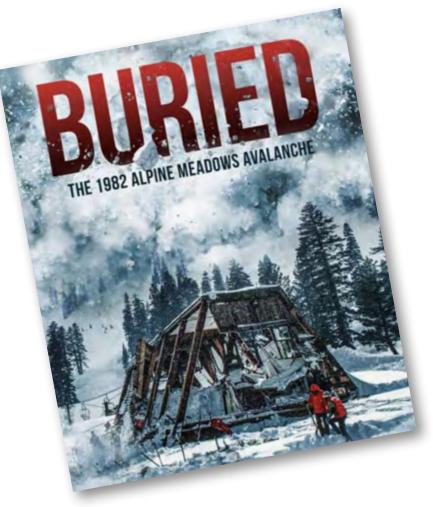
Nelson Stone, a longtime Truckee resident who worked as a technician on the film, recalled that the title *Island in the Sky* may have been inspired by a unique local phenomenon: the thick morning fog that settles at the base of Boca Hill, creating the illusion of a floating island.

Hollywood Returns To Truckee

In the 1980s and 1990s, Truckee once again became a sought-after location for Hollywood filmmakers. In 1984, Columbia Pictures rented a home on Prosser Dam Road for three days to shoot scenes for *St. Elmo's Fire*. In 1994, Arnold Schwarzenegger and Jamie Lee Curtis filmed scenes from the action blockbuster *True Lies* near town, bringing yet another

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generation of Hollywood stars to Truckee. *Jack Frost* starring Michael Keaton and Kelly Preston was filmed in 1998 in Truckee, Sugar Bowl, Old 40 and Tahoe City. The snowball fight scene had 200 local 2nd and 3rd graders as extras. More recently, part of *Top Gun Maverick* was filmed in Tahoe in 2020. Local producers Stephen Siig of Tahoe Art Haus and Ryan Cronin filmed their award-winning *Buried: The 1982 Alpine Meadows Avalanche* here, released in 2022. The film made Netflix's Top 10 movies list for more than a month in 2024.

A Lasting Legacy

From early silent films to modern blockbusters, Truckee has long provided a stunning and versatile setting for Hollywood productions. Today, Truckee continues to attract filmmakers, not just for its scenic landscapes but also for its rich history as a movie-making destination. Celebrities still visit Truckee-Tahoe, whether or not they are filming here, because of the photo opps that come with our area's natural beauty and the year-round recreational opportunities.

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OCCUPATION

President and CEO, Tahoe Forest Health System

ORIGINALLY FROM

East Bay, born and raised

HOW LONG IN TRUCKEE

I officially moved to Truckee this year when I took this position with Tahoe Forest, but my family has had a long and loving connection with the Truckee and Tahoe region. For years, Truckee was our getaway spot, and we owned a small place in Tahoe Donner where my kids learned to ski, and we built so many lasting memories. Many years ago, I first learned of Tahoe Forest when my son received emergency care for a ski injury, and I am truly honored to now be part of this amazing team. I recently settled into a home in Tahoe Donner and am so happy to feel at home here again.

WHY TRUCKEE

Beyond the wonderful memories I have here, the Truckee community and I share so many interests. I have two dogs who are welcome just about anywhere, and I spent the summer hiking, biking, and learning pickleball, activities that really capture the Truckee lifestyle. Mostly, I appreciate that this community invests time, energy, and resources in what it values, and health is certainly one of those things. Tahoe Forest is a better place because of the support of this community

FAVORITE THINGS ABOUT TRUCKEE

I have been so touched by how warmly the community has welcomed me. My favorite thing so far has been meeting so many people who are dedicated to supporting the health and wellbeing of our community. And like many who live here, I love that Truckee offers such an amazing local food scene, even right here at the hospital café.





Every year, along with their own holiday preparations, an all-volunteer group works hard to help make sure that the holidays are special for everyone in our town. Truckee Community Cares (TCC), previously known as Truckee Community Christmas, is a nonprofit organization based in Truckee. Their mission is to ensure that those who are facing financial or social hardship can still participate in the holiday season with dignity, care, and community support.

Founded more than 20 years ago under the name Truckee Community Christmas, the organization rebranded to Truckee Community Cares to more fully reflect its mission of caring for neighbors, whether or not they celebrate the same holidays, and to foster a broader sense of community support.

TCC acts as an umbrella organization, coordinating the seasonal drives (toy drive, coat drive, gift cards, senior support) and collaborating with local partners, faith-based groups, service organizations, schools, and businesses to make sure help reaches those who need it.

How TCC Works: Collaboration & Services

Identifying Community Need

TCC doesn't cast a wide generic net—rather they rely on partners and local networks to identify families, seniors, and individuals who are facing hardship in the Truckee area. These partners include local faith organizations, service agencies, schools, and community groups. For example: the

Soroptimist International of Truckee-Donner, local churches, the Tahoe Truckee Homeless Coalition, Sierra Senior Services, and more.

This collaborative model means that TCC can target support where it's most needed: children in low-income families, teenage moms and their babies, homebound or low-income seniors, families experiencing homelessness, and others.

Services Offered

- Grocery Gift Cards: One of the foundational services is providing grocery gift cards or equivalent assistance so families can buy food and essentials for the holiday and beyond.
- Toy Drive / Gifts for Children: Ensuring that each child in an identified family receives an age-appropriate toy or gift, including gifts for teens. This helps relieve financial stress on parents and ensures children don't miss out during the season.
- Coat Drive / Warm Clothing: Because Truckee winters can be very cold, TCC includes a coat drive so every family

member can get a warm jacket. This addresses a critical need for basic winter gear.

- Senior Support: Recognizing that seniors—especially homebound or low-income seniors—may go without during the holidays, TCC provides gifts, grocery cards, food, and seasonal support to this group.
- Homeless / Marginalized Individuals:

 The collaboration with organizations like

 Tahoe-Truckee Homeless Coalition allows

 TCC to also reach people experiencing

 homelessness or unstable housing,

 offering them gift cards or other help

 in the season. In 2024, TCC supported

 about 40 individuals through that channel.

Community Involvement

TCC emphasizes that the programs are entirely made possible through community generosity. Local businesses, service clubs, faith groups, and individual donors all play a role. For example, in the 2024 season, many

individuals and the following organizations contributed: Soroptimist International of Truckee-Donner, Tahoe Church, Martis Camp Foundation, Lahontan Community Foundation, Parasol Tahoe Community Foundation, Vail Epic Promise (Northstar California Resort), Town of Truckee, Truckee Chamber of Commerce, as well as many local businesses.

Last year TCC served more families than ever — roughly 285 families and 65 seniors. These numbers were made possible by this wide network of support. TCC was able to Identify the need + Mobilize the community + Provide meaningful support = Holiday assistance that makes a difference.

Why This Matters in Truckee

Truckee and the Tahoe region, while celebrated for beauty and recreation, also have their share of financial stress, seasonal instability, housing issues, and cost-of-living pressures. During the holidays, that stress can intensify with families worried about

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SCAN TO LISTEN >> Tune In, Gear Up & Go!



how to provide gifts, how to keep warm in these coldest months, and how to ensure the basics are covered.

TCC steps into that gap. By offering targeted help (gift cards, coats, toys) they reduce the anxiety of "how am I going to do this" and help residents feel part of a caring community rather than overlooked. The fact that they serve all faiths and beliefs underlines their inclusive mission.

How You Can Help / Donate

The donation period is winding down now so that volunteers can organize and distribute the gifts and food. The coat and toy donations deadline is December 11. If you're reading this after mid-December, mark your calendar for next year. Here's how you can contribute to Truckee Community Cares:

(1) Cash Donations

Donate online via their website.
 truckeecommunitycares.com

- Or send a check by mail to PO Box 2955, Truckee CA 96160.
- Because funds can flexibly go to groceries, clothing, gifts, and other needs, cash donations are highly effective.

② In-Kind Donations (Toys, Coats, Warm Jackets)

 TCC lists drop-off locations for coats and toys each season. You can bring new, unwrapped toys or gently used warm jackets and coats to bins at many businesses downtown, at Church of the Mountains, Tahoe Church, or Town of Truckee's office.
 Bin pick up is December 11.

3 Corporate/Business Sponsorship or Grants

 If you represent a business or foundation, you might consider becoming a grantor, sponsoring a drive, matching donations, or hosting a collection event next year.

4 Volunteer Your Time

- Because they are all-volunteer, TCC welcomes help with everything from sorting coats, packing gifts, distributing cards, and organizing logistics.
- Even a few hours can help make the program more efficient and personal.

5 Spread Awareness

- Let friends and neighbors know about TCC, share their social media posts, encourage local groups (student clubs, churches, businesses) to participate. Awareness helps more people give and more people receive.
- Also, if you know someone who can benefit as a recipient next year, share the website information for next year.
 Applications are due in November.

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"A Soul For Your Home - A Home For Your Soul"

Clearing the Air: Why Space Clearing Matters After a Move

When you step into a new home, you expect a fresh start—new surroundings, new opportunities, a blank slate for your life. But what if that home is still carrying the unseen baggage of its previous occupants?

That's where space clearing comes in - the energy clearing and healing of the home.

Space clearing is the art of detecting and removing energetic imprints—subtle, non-physical traces left behind by former residents. These imprints can linger for years, shaping the atmosphere of a home and, in some cases, affecting the well-being of those who live there now.

As a Feng Shui and energy flow consultant, my first step in any consultation is to "sense" a home. I'm tuning in to the space's current energy as well as what has transpired within its walls. I look for disruptions and blockages in the home's energy flow—patterns that might be weighing on its occupants without their knowledge.

Sometimes, the impact is startling.

In one case, a client who had relocated from Los Angeles to Dallas felt stuck in her life after four years in her new house. The moment I stepped inside, I felt a sharp pain in my stomach. It wasn't mine—it was the energetic residue of the previous homeowner's chronic digestive issues.

Though the person was long gone, their energy had become part of the home's fabric. Over time, my client began to mirror it—gaining more than 50 pounds and feeling persistently sluggish, despite living a healthy lifestyle.

During a space clearing ceremony, I removed the stagnant energy and revitalized the home. The shift was immediate.

"My house has slimmed down! I can breathe!" she exclaimed.

While no ritual replaces healthy habits, removing these energetic blockages lifted the silent weight holding her back.

Whether you rent or own, you may be living in someone else's energetic story. Space clearing gives your home—and you—a fresh start, aligned with your own life and goals.

5 SIGNS YOUR HOME MIGHT NEED SPACE CLEARING

- You've felt unusually tired, anxious, or unmotivated since moving in.
- 2 Your health, relationships, or finances have taken a sudden downturn.
- 3 Certain rooms feel "heavy" or uncomfortable without explanation.
- 4 You experience strange dreams or restless sleep in the home.
- 5 You can't seem to settle in or make the space truly feel like yours.

Annette Kurtz

Annette Kurtz is a Feng Shui and Space Clearing Expert & Clutter Clearing Coach as well as the author of the Amazon #1 bestseller Harmonize Your Home - 52 Tips to Energize Your Work From Home Life for Greater Success.

Having moved my home & workplace over 30 times, I have the skills & understanding to help others set up their homes & thrive in a new neighborhood, new town, or even a new culture. I have lived & thrived in the United States, Germany, Belgium, Singapore, & Japan, & have mastered the art of moving & adapting to any new environment in lightning speed and be successful.

"Give your home a soul so your soul can have a home": When your home is free of emotional history you are able to manifest your highest ambitions & find belonging by truly connecting with yourself. When your home holds a lot of energetic blockages, it keeps you stuck in the past & throws you off-track.

My clients make space for new beginnings after moving into a new home, after a divorce or starting a new chapter in their life or business. They live in homes free of energetic interferences, thereby experiencing vibrant flow, enhanced clarity, connection and harmony.

PALISADES TAHOE

- ➤ Double the concerts at KT Base Bar/KT Plaza, Live DJs, Animation, Lights 53 free concerts this season.
- ► Rahlves Banzai Tour Returns in March!
- ► Toyota U.S. Mogul Freestyle Championship -March 27-29. Lots of local Olympic competitors.

BOREAL MOUNTAIN

- ► Play Forever Fridays Once a month on Fridays, ride/ski for only \$35 with \$5 of each ticket donated to local nonprofits.
- ► Peace Park Terrain Ride the park with Olympian/pro Danny Davis, January 31.

TAHOE DONNER

- ► Modern, new 24,000 sq ft. Downhill Ski Resort Lodge opens December 19. Updated sun deck, new kids ski school space with easy drop off.
- ► Tahoe Donner Cross Country Ski Center Coyote Crossing bridge with groomers over stream descending into Euer Valley.

NORTHSTAR CALIFORNIA RESORT

- ► Epic Friend Tickets 50% OFF Passholders receive six 50% off Friend Passes.
- Smore's Cart in the Village daily at 4:00 p.m. Free delicious treats! Look for the gold umbrella.

SUGAR BOWL RESORT

▶\$100 million in community-raised renovations. Lodge: Yarrow restaurant - fresh, vibrant, casual but elevated dining. Expanded Terrace with fire pits & table delivery. Renovated Rathskeller Lounge, new Village locker room. Extensive work on mid-mountain terrain park.

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We're passionate about people, the outdoors, and living an intentional life.

Truckee brings all of that together for us.

We're a work-hard, play-hard family with a priority to spend time outside. The beautiful weather makes it easy to get out year-round, even if it's just a simple walk with our dogs. We also value giving back and making a positive impact in the community we call home. Whether we're skiing, hiking, camping, floating the river, biking the Legacy Trail, stargazing, catching live music, boating, or connecting with people—Truckee truly has a little bit of everything we love.

The **Hows** and **Whys** of Truckee

How to Winterize Your Vehicle

The local weather predictors try valiantly to communicate what storms might be rolling in, but we all know that winter weather can be wildly unpredictable. And if you follow the Truckee CHP Instagram account (@ chp_truckee), you know that there are plenty of drivers who end up wholly unprepared for what hits. Don't be that driver. Winterize your vehicles now so you don't end up stuck without supplies, spinning out on the roads, or trying to see out of a frozen windshield.

Get Winter or Studded Tires

If you do just one thing to prepare for winter, make it this. Snow tires are designed to grip in cold temperatures and packed snow. If you regularly drive over Donner Summit or live in a neighborhood that doesn't see a plow until mid-morning, they're worth every penny. And don't forget: snow tires are made for going, not stopping, so continue to drive slowly in stormy weather and on icy roads.

Check Your Fluids

Cold weather can thicken fluids and make systems sluggish. Before winter, top off or replace the following in your car:

- ► Windshield washer fluid with an anti-freeze blend rated for sub-zero temps.
- ► Engine coolant/antifreeze to prevent freezing and overheating.
- ► Consider switching to a winter-grade oil if you drive an older vehicle.
- ► Replace wiper blades now, and keep an extra set in your vehicle, just in case.



Test Your Battery

Truckee winters are hard on car batteries.
Cold reduces their cranking power, and sitting idle in freezing temps can drain them completely. Have your battery tested and replace it if it's older than three years. Clean corroded terminals before the snow arrives.

Inspect Belts, Hoses, and Brakes

Rubber components get brittle in the cold. A quick inspection now can save you from a snapped belt on an icy morning. And if your brakes squeal or feel soft, don't wait to replace them. Snowy roads demand full stopping power.

Keep Your Tank and Tires Full

Aim to keep your gas tank at least half full all winter long. It helps prevent condensation from freezing in your fuel lines and ensures you have enough gas to run the heater if you're ever stuck. Also, check tire pressure regularly, as cold air causes it to drop, reducing traction.

Stock an Emergency Kit

Even the best-prepared locals have found themselves stuck behind a closure on I-80. Keep your car stocked with the following:

- ► Warm blankets, gloves, a hat, and extra layers
- ► Water and non-perishable snacks (snacks should not be left in cars overnight, however)
- ► Flashlight with extra batteries
- ▶ Ice scraper and small shovel
- ▶ Jumper cables

- Traction aids like sand, kitty litter, or traction mats
- ▶ Phone charger and portable power bank

If you drive into backcountry areas or over the pass often, consider adding a tow strap, first-aid kit, and even a small bag of chains.

Check Cabin Air Filters and Defrost Settings

Clean filters mean better airflow for heating and defrosting, which is critical for clearing fogged or iced-over windows. Verify that the defrost vents are clear (no snow or obstructions) and that the HVAC system works well, especially if the vehicle sits outside, uncovered.

Plan for Storm Days

Before heading out, always check Caltrans road conditions and chain requirements. Even AWD vehicles may need chains when signs say "R2." Keep a pair in your car all winter, because you never know when a chain control will catch you off guard.

Local Auto Shops

- ► German Import Garage
- ▶ Hy-Tech Auto and Smog Inc.
- ▶ Quality Automotive Servicing
- ▶ Stone's Country Tire
- ▶ The Auto and Tire Doctor
- ▶ Truckee Tire
- ▶ Ward and Sons Automotive
- ▶ NAPA Auto Parts
- ▶ O'Reilly Auto Parts



Experience Après at its Finest at The Ritz-Carlton, Lake Tahoe

Discover the best seat in all of après. After a long day on the slopes, The Ritz-Carlton, Lake Tahoe invites you to après ski, featuring experiences for all ages and desires. Savor gourmet s'mores complete with house-made marshmallows, burnt marshmallow ice cream, and decadent chocolate as you gather fireside for a private firepit experience. Cozy up with fur throws, bubbles, and a private firepit from the comfort of a Veuve Clicquot Cabana Chalet. Enliven the night with friends and family in a virtual gaming experience at the Topgolf Swing Suites, or celebrating with tacos and tequila at our new slopeslide restaurant, Montesa. Whatever après adventure you seek, create indelible memories in our luxury winter haven.

We appreciate the continued support of our neighbors and are delighted to extend Locals Card benefits, featuring exclusive offers for local residents. Contact us at 530-562-3051 to learn more.





Festive Celebrations

This holiday season, gather with friends and family as you experience the ultimate holiday escape at The Ritz-Carlton, Lake Tahoe. Indulge in celebratory food and beverage experiences, holiday events from tree lighting ceremonies to Dom Pérignon New Year's Eve delights, après activities, and more.

Montesa, Cantina Moderna

Recently opened, Montesa, Cantina Moderna is The Ritz-Carlton, Lake Tahoe's new slopeside restaurant, serving elevated takes on traditional Mexican street food and cocktails. Whether you're skiing in or passing through, Montesa is the place to indulge in bold flavors, refuel, and raise a glass to the moment.



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